

THE LITTLE GREEN GUIDE MARK MANN

Australia is amongst the worst nations on earth for greenhouse gas emissions, water use and waste. Yet recent research shows that eight out of ten Australians are concerned about the environment but aren't sure what they can do about it.

Enter *The Little Green Guide*.

From saving energy at home, to holidays, or organizing a wedding, this handy pocket-sized book identifies the steps that can make the most difference for the least time, cost and effort.

Australians use 282 litres of fresh water per person per day. The average person in a developing country uses 10 litres of water a day

Eating one less meal of red meat a week could reduce greenhouse emissions by as much as buying a hybrid car

The Little Green Guide highlights many quick and easy things we can do in our daily lives that will make a significant difference to our environmental impact, whilst saving money and helping us to achieve a healthier lifestyle. It's also a book for people who want a quick introduction to green living.

This pocket-sized book gets straight to the point, while still managing to convey a sense of how individual actions relate to the big picture of global warming and other environmental problems.

The Little Green Guide complements Planet Ark's efforts to show people how to reduce their day-to-day impact on the environment – at home, at work and within the community. Written by journalist, author and co-founder of the Ecodirectory.com.au website **Mark Mann**, *The Little Green Guide's* no-nonsense approach to going green condenses a daunting subject into a short, easy-to-manage guide to get you started on the road to sustainability.

If you want to help save the planet but aren't quite sure how, then *The Little Green Guide* is for you.

About 40% of landfill waste is food scraps and garden cuttings that could be composted

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